

Committee: Health and Human Services 5B

Subject: Finding an Effective and Beneficial Solution to the Increasing Rate of Obesity Worldwide

Proposed by: **Venezuela, South Africa**, Spain, Haiti, Columbia, Pakistan, Afghanistan, Korea, Italy, Ukraine.

THE GENERAL ASSEMBLY,

*Concerned* about the import of processed foods, increasing the rate of obesity, leading to a higher percentage of serious health issues such as heart disease, cancer, and diabetes,

*Conscious* of how there are over 1.4 billion adults that are considered overweight,

*Mindful* of the economic reliance on imports of processed foods from developed and developing countries,

*Recognizing* the efforts of other nations to curve the rate of obesity by limiting the imports of processed foods, setting standards for foods for sale, creating informative infographics about avoiding obesity, and making healthier options more available,

*Knowledgeable* about the health issues that come with obesity such as diabetes, heart disease, high blood pressure, etc.

*Emphasizes* the low public education and awareness of the causes and effects of obesity,

*Aware* of the religious and cultural beliefs surrounding obesity,

1. Urges the U.N. to open a food control industry, helping to confirm the foods pass the universal standards;
2. Discourages the advertisements of sugary foods aimed at children, while also encouraging the advertisements of healthy, organic foods;
3. Supports the current attempts at reducing obesity, such as Spain's National Strategic Plan for the Reduction of Childhood Obesity, which will benefit and inspire the population to reduce obesity rates by guiding them to create a healthier lifestyle with

thorough, detailed plans, making it easier for them to implement;

4. Urges the U.N. to invest in creating more religious and culturally sensitive educational health courses (where education is easily available) to spread the knowledge of the negative effects of obesity and weight loss management;
5. Emphasizes the importance of agriculture and promotes the funding of farms to create access to more organic foods;
6. Requests funding for the addition of organic food stores in rural areas close to factories and schools in order to provide additional access to healthy meals at affordable costs;
7. Asks nations to create support programs for the poor or impoverished like food stamps that include access to healthy food options;
8. Encourages the funding for the research and development of artificial farming methods such as hydroponics in developing countries;
9. Encourages nations to share export technology to help grow fast-growing foods;
10. Encourages countries to require restaurants to produce a minimum of 3 healthy food options that do not use processed food;
11. Imposes a baseline level of nutrition created by the World Health Organization (WHO) and the CDC that the restaurants must adhere to if they wish to sell food and if companies were to violate the baseline level of nutrition, the UN will impose a tax based on the level of violation, taking into account the profits, employment, and other factors of the company;
12. Calls upon the WHO to identify obesity as a chronic disease to raise awareness and highlight the severity of the issue.